



Steubenville City School
 Breakfast Menu/ HMS/USST

Menu is subject to change due to availability of food or school closure
 USDA is an equal opportunity provider and employer

September 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients
28 No School! Labor Day!	29 Breakfast kit Fruit Milk	30 Breakfast kit Milk	31 Breakfast kit Fruit Milk	1 Breakfast kit Fruit Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
4 Breakfast kit Milk	5 Breakfast kit Fruit Milk	6 Breakfast it Milk	7 Breakfast kit Fruit Milk	8 Breakfast Kit Fruit Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
11 Breakfast kit Milk	12 Breakfast kit Fruit Milk	13 Breakfast it Milk	14 Breakfast kit Fruit Milk	15 Breakfast kit Fruit Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
18 Breakfast kit Milk	19 Breakfast kit Fruit Milk	20 Breakfast kit Fruit Milk	21 Breakfast kit Fruit Milk	22 Breakfast Kit Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
25 Breakfast kit Milk	26 Breakfast kit Milk	27 Breakfast kit Fruit Milk	28 Breakfast kit Fruit Milk	29 Breakfast kit Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:



Steubenville City Schools
Lunch Menu/HHQ/MSJ

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September 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients
28	29	30	31	1	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
4 No School! Labor Day!	5 P&J uncrustable Mandarin Orange Cup Carrots w/dip Harvest chip Milk	6 Nacho & Cheese Corn & Black Salad Fruit Baked Apple Stick Milk	7 Pizza Stick w/sauce Tomato & cucumber Banana Milk	8 Pasta Salad Fruit Cup Roll Milk Extra: Cookie w.g	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
11 P&J uncrustable Fruit Cup Brocc. Dip Baked Chip Milk	12 Nacho & Cheese Corn & Black Bean Salad Fruit Cookie w.g Milk	13 Chicken Nuggets Veg Fruit Milk	14 Pizza Stick w/sauce Green beans Fruit Milk	15 Pasta Salad Fruit Cup Roll Milk Extra: Cookie w.g	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
18 P&J uncrustable Fruit Veg Baked Chip Milk	19 Turkey Sand. Fruit Celery w/dip Bun Milk	20 Nacho & Cheese Corn & Black Bean Salad Fruit Baked Apple Stick Milk	21 Pizza Stick w/sauce Brocc. Fruit Milk	22 Pasta Salad Fruit Cup Roll Milk Extra: Cookie w.g	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
25 P&J Uncrustable Fruit Veg Baked Chip Milk	26 Nacho & Cheese Corn & Black Bean Salad Fruit	27 Chicken Nuggets Veg Fruit Milk	28 Pizza Stick w/sauce Tomato & cucumber Fruit Milk	29 Pasta Salad Fruit Cup Roll Milk Extra: Cookie w.g	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium: